

NAMI PA MONTGOMERY COUNTY

National Alliance on Mental Illness

WILL OFFER TWO Family-to-Family Education Programs this Spring

The NAMI Family-to-Family Education Program is a free 12-week course for families and caregivers of individuals with mental illness. Trained family members teach the course. All instruction and course materials are free to class participants. The Family-to-Family curriculum focuses on diagnosis, medications, brain function, and communication skills for disorders such as Schizophrenia, Bipolar Disorder, Major Depression, Obsessive Compulsive Disorder, Post Traumatic Stress Disorder, and Borderline Personality Disorder.

Family-to-Family classes are offered in hundreds of communities across the country as well as in Canada and Mexico.

Pottstown Office:

***St. Peter's Lutheran Church
564 Glasgow Street, Pottstown, 19464***

When:

Tuesday, February 19th, 2008 6:30-8:45 PM

Instructors:

Barbara Schneider and Andrea Gillis

Glenside Office:

100 South Keswick Ave, Glenside 19038

When:

Monday, March 3rd, 2008 6:30-9:00 PM

Instructors:

Al Grabish and Kathie Rittenhouse

For more information or to register for either class
Please call 215-886-0350

e-mail: montconami@aol.com website: www.montconami.com